**River Valley Schools Counseling Curriculum Program**

**Elementary LifeSkills**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **K** | **1** | **2** | **3** | **4** | **5** |
| Sep. | Introduction  Anxiety  School Success | Introduction  Anxiety  Study Skills | Introduction  Anxiety  Study Habits | Introduction  Anxiety  Listening | Introduction  Study Habits  Study Habits | Introduction  Study Habits  Study Habits |
| Oct. | Listening  Responsibility  ATODA | Listening  Responsibility  ATODA | Study Habits  Responsibility  ATODA | Study Skills  Goal Setting  ATODA | Decision Making  ATODA  ATODA | Self Talk  ATODA  ATODA |
| Nov. | Social Skills  (Manners)  Tattling  Bullying | Social Skills  (Manners)  Tattling  Bullying | Family  Tattling  Bullying | Anger Mgnt.  Anger Mgnt.  Bullying | Conflict Res.  Bullying  Bullying | Health  Bullying  Bullying |
| Dec. | Lying  Stealing | Friendship  Trustworthy | Generosity  Communication | Disabilities  Teamwork | Disabilities  Prejudice | Disabilities  Stereotypes |
| Jan. | Namecalling  Prejudice  Individuality | Individuality  Prejudice  Anger Mgnt. | Friendship  Individuality  Disabilities | Self Esteem  Decision Making  Smoking info. | Self Esteem  Decision Making  Smoking info. | Self Esteem  Decision Making  Smoking Info. |
| Feb. | Conflict Res.  (Too Rough)  Conflict Res.  (argue/fight)  Anger Mgnt.  Prob. Solving | Anger Mgnt.  Anger Mgnt.  Assertiveness  Grief | Conflit Res.  Anger Mgnt.  Assertiveness  Grief | Advertising  Stress  Communication  Social Skills | Advertising  Stress  Communication  Social Skills | Advertising  Stress  Communication  Social Skills |
| Mar. | Protective Behaviors  Protect. Beh.  Protect. Beh | Protective Behaviors  Protect. Beh.  Protect. Beh. | Protective Behaviors  Protect. Beh.  Protect. Beh. | Assertiveness  Protective Behaviors  Prot. Beh. | Assertiveness  Protective Behaviors  Friendship | Assertiveness  Friendship  Conflict Res. |
| Apr. | Bullying  Friendship  Bossiness | Bullying  Self Esteem  Nutrition | Bullying  Self Control  Nutrition | Bullying  Nutrition  Hygiene | Bullying  HGD Survey  Human Growth | Bullying  HGD Survey  Human Growth1  HGD 2 |
| May | **Consideration**  **Emotions**  **Careers**  **Careers** | **Family**  **Emotions**  **Careers**  **Careers** | **Put Downs**  **Group Work**  **Careers**  **Careers** | **Grief**  **Self Talk**  **Careers**  **Careers** | **Grief**  **Nutrition**  **Careers**  **Careers** | **Nutrition**  **Careers**  **Careers**  **Careers** |