**River Valley Schools Counseling Curriculum Program**

**Elementary LifeSkills**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **K** | **1** | **2** | **3** | **4** | **5** |
| Sep. | IntroductionAnxietySchool Success | IntroductionAnxietyStudy Skills | IntroductionAnxietyStudy Habits | IntroductionAnxietyListening | IntroductionStudy HabitsStudy Habits | IntroductionStudy HabitsStudy Habits |
| Oct. | ListeningResponsibilityATODA | ListeningResponsibilityATODA | Study HabitsResponsibilityATODA | Study SkillsGoal SettingATODA | Decision MakingATODAATODA | Self TalkATODAATODA |
| Nov. | Social Skills(Manners)TattlingBullying | Social Skills(Manners)TattlingBullying | FamilyTattlingBullying | Anger Mgnt.Anger Mgnt.Bullying | Conflict Res.BullyingBullying | HealthBullyingBullying |
| Dec. | LyingStealing | FriendshipTrustworthy | GenerosityCommunication | DisabilitiesTeamwork | DisabilitiesPrejudice | DisabilitiesStereotypes |
| Jan. | NamecallingPrejudiceIndividuality | IndividualityPrejudiceAnger Mgnt. | FriendshipIndividualityDisabilities | Self EsteemDecision MakingSmoking info. | Self EsteemDecision MakingSmoking info. | Self EsteemDecision MakingSmoking Info. |
| Feb. | Conflict Res.(Too Rough)Conflict Res.(argue/fight)Anger Mgnt.Prob. Solving | Anger Mgnt.Anger Mgnt.AssertivenessGrief | Conflit Res.Anger Mgnt.AssertivenessGrief | AdvertisingStressCommunicationSocial Skills | AdvertisingStressCommunicationSocial Skills | AdvertisingStressCommunicationSocial Skills |
| Mar. | Protective BehaviorsProtect. Beh.Protect. Beh | Protective BehaviorsProtect. Beh.Protect. Beh. | Protective BehaviorsProtect. Beh.Protect. Beh. | AssertivenessProtective BehaviorsProt. Beh. | AssertivenessProtective BehaviorsFriendship | AssertivenessFriendshipConflict Res. |
| Apr. | BullyingFriendshipBossiness | BullyingSelf EsteemNutrition | BullyingSelf ControlNutrition | BullyingNutritionHygiene | BullyingHGD SurveyHuman Growth | BullyingHGD SurveyHuman Growth1HGD 2 |
| May | **Consideration****Emotions****Careers****Careers** | **Family****Emotions****Careers****Careers** | **Put Downs****Group Work****Careers****Careers** | **Grief****Self Talk****Careers****Careers** | **Grief****Nutrition****Careers****Careers** | **Nutrition****Careers****Careers****Careers** |